

## **Club South Adult Volleyball League Rules and Regulations**

- 1) Each team must have a minimum of 6 players on their roster. Teams can play matches with a minimum of 2 players.
- 2) You may enter more than one team.
- 3) B league players may play on another team in A league.
- 4) Players must be 16 or above to participate in BB league and 15 or above in B league. (by Sept. 1st)
- 5) New members may be added to the roster up to the mid-point of the season. The captain must remit this via email and have player sign up online, 48 hours prior to match play. No new members may be added after mid season.
- 6) Rosters must be remitted via email prior to first match and each player must sign in at each match.
- 7) Each team must have an assigned captain with email for correspondence.
- 8) League standings and results will be posted on our web site: [www.clubsouthvolleyball.com](http://www.clubsouthvolleyball.com)
- 9) CS will provide Referee's.

### Game Rules:

- A) Games will be played by United States Volleyball Rules: <http://www.usavolleyball.org/officiat/main.htm>  
We will modify some rules slightly to accommodate the league.
- B) Games will be rally score to 25, third game to 15. Net serves are allowed (ball touching the net on serve and going over is legal). We will play 2 games to 25 (27 point cap) and third to 15 (17 point cap) or one hour which ever comes first. If time runs out prior to second game finishing, we will take the score at the end of one hour.
- C) Rule book will be available at the club for reading or see web site above.
- D) Players who are present at start of game may begin, late players arriving after start of game may enter upon arrival.
- E) Players using profanity will be warned once- second offense will be one point penalty, 3rd offense will be ejection from the match.
- F) Unlimited substitutions. Each team is allowed two 30 second time outs.
- G) Each coach will be responsible for his/her teams conduct. Profanity or abusive language will NOT be tolerated.
- H) Teams will have 5 minutes to have sufficient number to start the game (2). After 5 minutes, team will record a forfeit.

I) Schedules are final once one week prior to season. Please don't request changes.

J) All teams must have 1 female on the court at all times, unless you are playing with only 5 or less male players.

K) Club South, nor Pavilion will not be responsible for any injuries that may occur. Each individual is responsible for his or her own medical insurance.

#### Match Format and Game Times

Matches consist of 3 games, time allotting. Teams should be able to play 3 games each night. The third game will be called should it run into the next match time slot. If more than 10 points have been scored, the higher scoring team will be declared the winner. No winner is indicated for matches scoring less than 10 points.

League play will always start and finish on time. Teams can take up to 5-10 minutes to warm up on the court before they begin playing their match. Teams can elect to begin playing sooner than 5-10 minutes after the scheduled game time IF both captains AND the referee are ready. Matches should begin no later than 5-10 minutes after the scheduled game time even if a referee fails to show up on time.

At 10 minutes after the scheduled game time the team(s) that are not ready to play (not enough players or other reasons) will forfeit the first game. The second game is forfeited at 15 minutes after the scheduled game time and the third game is forfeited at 20 minutes after scheduled game time. If a forfeit does occur, the two teams scheduled to play will be allowed to use the court for the allotted time.

#### Line-Ups and Substitutions

Substitutions are unlimited as long as the same two people substitute for each other during the game. All divisions can choose to rotate male for male and female for female at the service position instead of substituting one person for another. If a team chooses to "rotate people" rather than "substitute people", everyone must come in and out in order (i.e. no skipping a person). In order to play six people, two must be females. Max. of males on the floor playing is 4.

#### End of Match

Matches should NEVER go beyond their scheduled time. When 5 minutes are left to play, the referee will alert the teams. No time outs, substitutions or other interruptions are allowed after this point. If the game is tied at the end of the allotted time, one rally (speed) point will be played with the first fault deciding the game. The third game will not be played if there is less than 5 minutes left in the allotted match time. A team must have at least 10 points at the end of the third game or the game will not count.

#### General Playing Rules

Team captains will report to the referee stand following the previous match. The referee will ask if either team has any questions on ground rules or other information relative to the match. The playing captain is the only person who may address the referee during the match. The winner of a coin toss may choose either side or serve. A coin toss should be done again before the start of the third game and teams may elect to switch sides in the middle of the third game.

Teams must rotate each time after obtaining a side-out. This includes after the first side-out.

There will be no service zone. A player can serve from anywhere behind the back line provided the last contact with the floor is between the side lines. The referee will blow the whistle and motion for serve. If a player

drops the ball in an attempt to serve, a replay is called.

The referee will call for a replay if a "movable" object interferes with the ball or player. A replay will not be called if the referee does not feel a play on the ball could have been made.

Teams are permitted three team contacts. The ball may touch any part of the body. Individuals are not permitted successive contacts (double hits), except on the first ball over the net. A block is not a team or individual contact.

Players are not permitted to touch the net. Incidental contact of the net by a player's hair or insignificant contact with the net by a player not involved in the action is not considered a fault. A player may touch the posts, ropes or other objects outside the total length of the net, provided this does not interfere with play. Court lines are "IN."

Teams are encouraged to make honor calls if they see a play differently than called. Honor calls, however, may be made only in the other team's favor. If a referee is unable to see a play and no honor call is made, the point will be replayed.

A ball which contacts the ceiling, the lights or other overhead objects may be played only on the same side of the net and inside the "playing area." Once a ball crosses the plane of the net or crosses the "playing area" it is considered "OUT." The "playing area" is defined as the area between the end lines, side lines and the free zone surrounding the court. The free zone on each court ends at the wall or divider net and/or the side line of the adjacent court(s). Players are never permitted to play a ball, or follow through, off of the sport court surface. The walls, court divider nets, referee stands, column and wall pads, net antennae and adjacent courts are all out of play. Players can contact the side and back divider nets as long as they are not moving the net to keep the ball from contacting it. A ball passing over or outside the antennae is out of play.

If any part of the ball is above the plane of the net, it may be contacted by either team. Players may step on, but not entirely over, the center line. A player's foot may be above the line, but a fault occurs when any other part of the body comes in contact with the opposing team's court.

A replay will be called when, in the referee's judgment, a ball or player from another court interrupts play or creates a potential hazard for the players.

A player may not attack or block a serve until it has dropped below the top of the net. A back row player may contact the ball above the plane of the net only if he/she leaves the court entirely from behind the attack line. When only one male player is on the front line in coed play, a second male player may come to the front row to block. This player may not attack the ball in front of the attack line.

Players must wear rubber-soled shoes. No dark soled shoes. Jewelry is not permitted with the exception of flat wedding bands. Club South requires all children to be supervised by an adult while in the facility and kept within the playing area. Children are NOT permitted to roam the building. Parents are responsible for any damage their children may cause within the facility and will be billed for damages.